



# Happy Kits

Help make a child or parent's day by assembling a Happy Kit! Kits are used throughout CAMC Women and Children's Hospital to help patients and families feel welcome and happy during their visit.

Happy Kits can be assembled off-site and delivered to the hospital after following the procedures described in our Community Serving instructions. Be sure to call Volunteer Services at **(304) 388-7426** if you have any questions.

## **Types of Happy Kits:**

- PreK/Kindergarten
- Elementary age
- Teens and adult
- Greeting Card

## **Guidelines**

The health and safety of our patients is our top priority. When we accept your generous donations, we ask that Happy Kit contents follow these guidelines.

We will happily accept Happy Kits with contents that are:

- Brand new (including books)
- Nontoxic and latex-free
- Odor-free
- Season specific (fall leaves, snowflakes, pumpkins)

Unfortunately, we cannot accept Happy Kits if the contents are:

- Gently used (books, magazines, toys)
- Any kind of food or anything edible
- A choking hazard (i.e., smaller than a quarter)
- Contain latex or toxins (check labels carefully)
- Have been stored or displayed for any length of time.
- Promote violence (i.e., guns, swords, light sabers, etc.)
- Connected to a religious holiday (i.e., Christmas, Easter, Hanukkah, Ramadan)

### Pre-K/Kindergarten Happy Kits

#### Supply List (ages 2 to 6)

- One gallon sized sealable bag
- One pack of Crayola brand crayons (8 to 16 pack preferred)
- One small new board book for ages 2 to 3 or one small book for ages 4 to 6
- One coloring book (age-appropriate)
- One Hot Wheels car (optional)
- Print and attach 2x4 label to each sealed bag. [Click here.](#)

**Considerations:** Themes for this age group includes shapes, cars/trucks, Disney characters, science and nature and farm animals

### Elementary Age Happy Kits

#### Supply list (ages 7 to 12)

- One gallon sized sealable bag
- One coloring book (age appropriate)
- One pack of Crayola brand crayons (8 or 16 count packs preferred)
- Card games (Go Fish, Crazy 8's, Uno, etc.)
- One small, new book OR one of the magazines listed below:
  - Sports Illustrated Kids
  - National Geographic Kids/Little Kids
  - Highlights
  - Kids Discover
  - American Girl
  - Discovery Girls
- Bubbles (optional). **Must say non-toxic on individual bottle.**
- Print and attach 2x4 label to each sealed bag. [Click here.](#)

## Teen and Adult Happy Kits

### Supply List (ages 7 to 12)

- One gallon sized sealable bag
- Adult coloring book, coloring book pages, word search or crossword
- One package of colored pencils (12 count packs preferred)
- Card games (Phase 10, Uno, Skip Bo, etc.)
- Writing journal
- Print and attach 2x4 label to each sealed bag. [Click here.](#)

**Considerations:** Some of our patients are not able to eat or drink during their visit so we ask that you please avoid items with a food them in your Happy Kits.

## Greeting Card Happy Kits

These Happy Kits are filled with supplies to help our patients make their own cards for others (i.e., parents, siblings, or nurses).

### Supply List

- One gallon sized sealable bag
- Construction paper, card stock or blank cardstock cards
- Writing utensils to create custom cards.
- Include stickers, and other craft supplies for card making.
- Print and attach 2x4 label to each sealed bag. [Click here.](#)



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